

# 32. Spreewald Triathlon 2022

## Ergebnisse: Großer Spreewaldmann

Platz	Stnr	Name	Verein	AK	Platz AK	Endzeit	Schwimm	Rad	SchwRad	LaufR1	LaufR2	Lauf	Rückstand	Zeitstrafe
1	13	Lukas Determann	BSV Friesen / Team Berlin	mAK30	1	4:07:07	0:37:41(4)	2:04:33(2)	2:42:14(1)	0:41:59(11)	0:42:54(8)	1:24:53(9)		
2	15	Andreas Döring	Weltraumjogger Berlin	mAK35	1	4:08:02	0:37:37(3)	2:16:33(14)	2:54:10(8)	0:36:11(1)	0:37:41(1)	1:13:52(1)	0:00:55	
3	18	Stefan Flachowsky	Triathlon Team Lausitz	mAK50	1	4:09:27	0:41:22(11)	2:09:39(4)	2:51:01(4)	0:38:27(2)	0:39:59(2)	1:18:26(2)	0:02:20	
4	86	Ingmar Daßler	TSV Cottbus	mAK35	2	4:15:50	0:46:24(24)	2:03:44(1)	2:50:08(2)	0:40:35(9)	0:45:07(13)	1:25:42(10)	0:08:43	
5	69	Stephan Stange	Triathlonverein Dresden	mAK35	3	4:16:40	0:42:56(15)	2:11:43(6)	2:54:39(10)	0:39:58(6)	0:42:03(6)	1:22:01(6)	0:09:33	
6	39	Christian Kittler	Turbine Neubrandenburg	mAK50	2	4:18:43	0:40:10(7)	2:09:59(5)	2:50:09(3)	0:42:37(14)	0:45:57(15)	1:28:34(16)	0:11:36	
7	10	Oliver Bolm	LTC Berlin	mAK35	4	4:19:05	0:46:21(23)	2:12:25(8)	2:58:46(13)	0:39:15(5)	0:41:04(4)	1:20:19(4)	0:11:58	
8	30	Daniel Heinath	Berlin	mAK40	1	4:20:19	0:41:19(9)	2:13:15(12)	2:54:34(9)	0:41:23(10)	0:44:22(12)	1:25:45(11)	0:13:12	
9	81	Torsten Geissler	SWV Lauchhammer	mAK40	2	4:20:35	0:46:18(22)	2:12:45(9)	2:59:03(14)	0:40:27(8)	0:41:05(5)	1:21:32(5)	0:13:28	
10	54	Markus Pesch	Berlin	mAK55	1	4:21:21	0:46:45(26)	2:06:25(3)	2:53:10(5)	0:45:45(15)	0:45:26(14)	1:28:11(14)	0:14:14	
11	46	Brice Maillard	JB Coaching - Solaris	mAK35	5	4:23:37	0:43:00(16)	2:21:29(20)	3:04:29(18)	0:38:55(3)	0:40:13(3)	1:19:08(3)	0:16:30	
12	53	Michael Noll	Sisu Berlin	mAK55	2	4:25:12	0:41:21(10)	2:12:48(11)	2:54:09(7)	0:43:22(18)	0:47:41(27)	1:31:03(21)	0:18:05	
13	83	Tom Richter	SV Zwickau 04	mAK30	2	4:26:42	0:34:06(1)	2:30:14(43)	3:04:20(17)	0:40:17(7)	0:42:05(7)	1:22:22(7)	0:19:35	
14	27	Arne Gutsche	FRESH LEGS	mAK35	6	4:27:05	0:43:39(17)	2:20:37(19)	3:04:16(16)	0:39:05(4)	0:43:44(10)	1:22:49(8)	0:19:58	
15	17	Dennis Fiedler	A3K Berlin	mAK40	3	4:28:37	0:39:09(6)	2:18:07(17)	2:57:16(12)	0:44:00(19)	0:47:21(25)	1:31:21(22)	0:21:30	
16	32	Carsten Hennig	Tri-Flow Bad Endbach	mAK50	3	4:28:59	0:37:16(2)	2:16:13(13)	2:53:29(6)	0:46:06(31)	0:49:24(35)	1:35:30(33)	0:21:52	
17	73	Radoslaw Tomaszewski	Sisu Berlin	mAK45	1	4:34:05	0:43:49(18)	2:21:51(23)	3:05:40(21)	0:42:26(13)	0:45:59(16)	1:28:25(15)	0:26:58	
18	70	Nico Stechemesser	USV TU Dresden	mAK45	2	4:34:41	0:38:49(5)	2:24:06(28)	3:02:55(15)	0:45:02(24)	0:46:44(23)	1:31:46(25)	0:27:34	
19	28	Robert Hartmann		mAK40	4	4:36:43	0:55:08(45)	2:12:47(10)	3:07:55(22)	0:42:17(12)	0:46:31(22)	1:28:48(17)	0:29:36	
20	7	Christian Bellmann	Tri Team Berlin	mAK45	3	4:37:03	0:42:51(14)	2:12:03(7)	2:54:54(11)	0:46:36(36)	0:55:33(44)	1:42:09(40)	0:29:56	
21	56	Michael Postel	A3K Berlin	mAK45	4	4:38:27	0:41:29(11)	2:23:51(26)	3:05:20(20)	0:44:07(21)	0:49:00(33)	1:33:07(27)	0:31:20	
22	11	Matthias Brandt	Neptun 08 Finsterwalde e.V.	mAK45	5	4:40:56	0:46:30(25)	2:21:43(22)	3:08:13(23)	0:45:59(30)	0:46:44(23)	1:32:43(26)	0:33:49	
23	63	Toni Schmitt	SpreeRadio	mAK50	4	4:45:18	0:45:43(21)	2:28:33(29)	3:14:16(29)	0:44:51(23)	0:46:11(19)	1:31:02(20)	0:38:11	
24	48	Oliver Marsell	Berlin	mAK50	5	4:45:52	0:47:13(27)	2:21:29(20)	3:08:42(24)	0:46:12(32)	0:50:58(37)	1:37:10(36)	0:38:45	
25	64	Ronny Scholz	VFL-Herrenberg	mAK40	5	4:45:55	0:51:35(38)	2:17:35(15)	3:09:10(25)	0:46:41(37)	0:50:04(36)	1:36:45(35)	0:38:48	
26	23	Udo Gerhardt		mAK55	3	4:47:52	0:54:12(42)	2:25:47(33)	3:19:59(36)	0:44:02(20)	0:43:51(11)	1:27:53(13)	0:40:45	
27	55	Holger Pohle	TVB09	mAK55	4	4:49:21	0:54:14(43)	2:28:24(39)	3:22:38(40)	0:43:02(17)	0:43:41(9)	1:26:43(12)	0:42:14	
28	22	Reiner Gehrke	VfV Spandau	mAK55	5	4:49:45	0:48:42(34)	2:22:55(24)	3:11:37(27)	0:48:50(41)	0:49:18(34)	1:38:08(38)	0:42:38	
29	44	Falk Linke	TLV Rangsdorf	mAK40	6	4:51:08	0:49:57(36)	2:24:31(30)	3:14:28(30)	0:48:34(40)	0:48:06(28)	1:36:40(34)	0:44:01	
30	80	Jörg Zotzmann	Sisu Berlin	mAK50	6	4:51:55	0:56:00(47)	2:24:21(29)	3:20:21(37)	0:45:33(26)	0:46:01(17)	1:31:34(23)	0:44:48	
31	50	Olaf Mistareck	TLV Rangsdorf	mAK55	6	4:52:59	0:53:06(41)	2:30:33(44)	3:23:39(43)	0:42:53(16)	0:46:27(21)	1:29:20(18)	0:45:52	
32	61	Ulrich Schatz	Triathlon Team Berlin	mAK55	7	4:54:23	0:48:29(32)	2:35:08(50)	3:23:37(42)	0:44:44(22)	0:46:02(18)	1:30:46(19)	0:47:16	
33	14	Helge Deylitz	Bernauer Lauffreunde	mAK40	7	4:54:50	0:44:20(19)	2:32:43(47)	3:17:03(35)	0:46:13(34)	0:51:34(38)	1:37:47(37)	0:47:43	
34	78	Martin Winkler	Tri Team Berlin	mAK35	7	4:55:25	0:57:52(53)	2:25:52(34)	3:23:44(44)	0:45:26(25)	0:46:15(20)	1:31:41(24)	0:48:18	
35	38	Lars Karow	Sisu Berlin	mAK45	6	4:56:04	0:57:07(50)	2:24:38(31)	3:21:45(39)	0:45:50(28)	0:48:29(29)	1:34:19(29)	0:48:57	
36	74	Stefan Wachowiak	TSV Eisenberg	mAK40	8	4:57:07	0:48:15(31)	2:25:56(41)	3:16:51(34)	0:48:06(39)	0:50:10(39)	1:40:16(39)	0:50:00	
37	16	Nicky Fahrenkrug	Caminchen	mAK40	9	4:57:44	0:51:19(37)	2:24:00(27)	3:15:19(32)	0:47:09(38)	0:55:16(43)	1:42:25(42)	0:50:37	
38	58	Mark Ramsey	Triathlon Team Berlin	mAK50	7	4:58:29	0:53:05(40)	2:30:08(42)	3:23:13(41)	0:46:17(35)	0:48:59(32)	1:35:16(32)	0:51:22	
39	65	Boris Schröder		mAK40	10	4:58:42	0:58:30(54)	2:25:35(32)	3:24:05(46)	0:45:43(27)	0:48:54(31)	1:34:37(30)	0:51:35	
40	8	Torsten Berger	Kampfschwimmer Neuhof	mAK50	8	4:58:48	0:42:02(13)	2:23:13(25)	3:05:15(19)	0:56:37(53)	0:56:56(48)	1:53:33(50)	0:51:41	
41	85	Ralf Kwiatkowski	TVB 09	mAK50	9	5:01:40	0:56:02(48)	2:19:56(18)	3:15:58(33)	0:49:28(43)	0:56:14(47)	1:45:42(45)	0:54:33	
42	20	Andreas Friese	EGZ Triathlon Görlitz	mAK55	8	5:04:24	0:47:41(29)	2:25:57(36)	3:13:38(28)	0:51:18(46)	0:59:28(50)	1:50:46(48)	0:57:17	
43	79	Ronny Zeika	Asphaltflechte	mAK45	7	5:05:10	0:52:00(39)	2:18:02(16)	3:10:02(26)	0:55:19(51)	0:59:49(51)	1:55:08(51)	0:58:03	
44	5	Dirk Bartels	Tri Team Berlin	mAK60	1	5:06:15	0:57:13(51)	2:26:39(37)	3:23:52(45)	0:48:51(42)	0:53:32(40)	1:42:23(41)	0:59:08	
45	84	Roland Hempler		mAK45	8	5:09:24	1:07:48(61)	2:28:03(38)	3:35:51(51)	0:46:12(32)	0:47:21(25)	1:33:33(28)	1:02:17	
46	26	Orhan Gündüz	Berliner Wasserratten	mAK50	10	5:16:46	1:00:24(58)	2:31:11(45)	3:31:35(48)	0:50:15(44)	0:54:56(42)	1:45:11(43)	1:09:39	
47	77	Mariusz Wilus	Sisu Berlin	mAK55	9	5:21:06	0:57:04(49)	2:49:15(59)	3:46:19(60)	0:45:56(29)	0:48:51(30)	1:34:47(31)	1:13:59	
48	40	Dirk Knäpper	Sisu Berlin	mAK50	11	5:23:17	0:48:11(30)	2:49:49(60)	3:38:00(54)	0:50:31(45)	0:54:46(41)	1:45:17(44)	1:16:10	
49	34	Maximilian Hennig	Rothaar-Aktiv	mAK20	1	5:30:02	0:47:25(28)	2:51:01(62)	3:38:26(55)	0:52:21(47)	0:59:15(49)	1:51:36(49)	1:22:55	
50	2	Timo Altenfeld	SC Potsdam	mAK35	8	5:31:33	0:57:30(52)	2:45:27(56)	3:42:57(56)	0:53:00(50)	0:55:36(45)	1:48:36(46)	1:24:26	
51	35	Christian Herrmann	SV STAHL HENNIGSDORF	mAK50	12	5:31:48	0:58:33(55)	2:37:21(51)	3:35:54(52)	0:55:31(52)	1:00:23(52)	1:55:54(53)	1:24:41	
52	60	Peter Rundel	Triathlon Potsdam e.V.	mAK65	1	5:33:36	1:04:34(60)	2:40:11(52)	3:44:45(58)	0:52:46(48)	0:56:05(46)	1:48:51(47)	1:26:29	
53	1	Domenic Achterberg	Sisu Berlin	mAK30	3	5:35:55	0:58:37(56)	2:34:48(49)	3:33:25(50)	1:01:02(58)	1:01:28(54)	2:02:30(55)	1:28:48	
54	9	Karsten Bleul	Amtsberg	mAK40	11	5:38:39	0:55:26(46)	2:47:44(57)	3:43:10(57)	0:52:49(49)	1:02:40(55)	1:55:29(52)	1:31:32	
55	82	Jörg Radestock		mAK60	2	5:43:33	0:54:19(44)	2:42:52(54)	3:37:11(53)	1:01:24(60)	1:04:58(56)	2:06:22(56)	1:36:26	
56	21	Peter Gasnik	Putbus	mAK45	9	5:46:12	1:11:59(62)	2:33:24(48)	3:45:23(59)	1:00:02(55)	1:00:47(53)	2:00:49(54)	1:39:05	
57	49	Christopher Michl	Berliner Wasserratten	mAK45	10	5:49:45	0:45:05(20)	2:40:35(53)	3:25:40(47)	1:09:38(63)	1:14:27(60)	2:24:05(61)	1:42:38	
58	52	Hanjo Neue		mAK40	12	5:58:05	1:02:36(59)	2:45:13(55)	3:47:49(61)	1:01:20(59)	1:08:56(57)	2:10:16(57)	1:50:58	
59	41	Derek Gimpel	Triathlon Verein Berlin 09	mAK50	13	6:01:33	0:59:20(57)	2:48:38(58)	3:47:58(62)	1:00:52(57)	1:12:43(59)	2:13:35(58)	1:54:26	
60	76	André Wendler-Rueß	Triathlon Team Berlin	mAK60	3	6:14:52	0:40:23(8)	2:52:57(63)	3:33:20(49)	1:07:29(62)	1:15:03(61)	2:22:32(60)	2:07:45	19:00
61	12	Michael Buntins	SSF Bonn	mAK70	1	6:20:14	1:12:53(63)	2:50:47(61)	4:03:40(63)	1:06:39(61)	1:09:55(58)	2:16:34(59)	2:13:07	
DNF	24	Marten Gezici	TriTeam Berlin	mAK35			0:49:05(35)	2:25:53(35)	3:14:58(31)	1:00:23(56)				
DNF	71	Manuel Sturzbecher-Höhne	Erdinger Alkoholfrei	mAK40			0:48:30(33)	2:31:57(46)	3:20:27(38)	0:59:13(54)				